

**REBECCA E. KLAPPER, Ed.M., CMPC**

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**EDUCATION**

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- September 2023 –  
Expected May 2028     **Doctoral Student**  
**Clinical Psychology Health Emphasis Ph.D. Program**, APA Accredited  
Ferkauf Graduate School of Psychology, Yeshiva University  
Bronx, New York  
Director of Clinical Training: Bari Hillman  
E-mail: Bari.Hillman@yu.edu | Phone: 516-857-0827
- May 2023     **Ed.M. Counseling Psychology, Sport Psychology Specialization**  
Wheelock College of Education & Human Development, Boston University  
Boston, Massachusetts
- May 2019     **B.A. Psychology**  
University of Wisconsin-Madison  
Madison, Wisconsin  
Study Abroad: University of Sydney, Sydney, Australia Feb. 2018 - June 2018

**SUPERVISED CLINICAL EXPERIENCE**

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- May 2024 –  
Present     **Asthma Behavioral Interventionist**  
*Mount Sinai Health System*
- R01 grant using behavioral intervention for asthma with older adults.
  - Receive training on material relating to asthma and conducting motivational interviewing.
  - Carry out a three-session intervention (perception feedback, motivational interviewing, problem-solving skills training) for older adults with asthma.
  - Receive weekly supervision.
- Supervisor: Jonathan Feldman, PhD**
- May 2024 –  
Present     **Behavioral Medicine Student Therapist**  
*The Max and Celia Parnes Family Psychological and Psychoeducational Services Clinic*  
**Ferkauf Graduate School of Psychology, Yeshiva University**
- Conduct motivational interviewing interventions on pre-surgical candidates.
  - Will carry a caseload of 3 weekly individual psychotherapy cases with patients of diverse ethnic and socioeconomic backgrounds presenting with a variety of issues.
  - Will perform patient evaluations and write related reports.
  - Will receive individual weekly clinical supervision.
- Supervisors: TBA**
- September 2022 –  
June 2023     **Counseling Intern**  
*The Academy of Physical and Social Development*  
**Wheelock College of Education & Human Development, Boston University**  
Newton, Massachusetts

- Conducted intake interview assessments for children ages 5-16 to assess their functioning and developmental levels.
- Facilitated weekly group and play therapy for children with disabilities (mental, developmental, etc.) ages 7-14
- Facilitated individual therapy for children ages 7-14 to set goals and assess progress.
- Implemented cognitive behavioral-assisted approaches to support the children in problem-solving, coping with change, and impulse control.
- Managed behavioral issues within the group, providing one-on-one interventions as appropriate.
- Wrote weekly clinical case notes for group members.
- Received weekly individual and group clinical supervision.

**Supervised By: Jessica Capone, M.A., LMHC; Andrea Maxell, M.A., LMHC; Bobby Bui, Ph.D.**

### **SUPERVISED CONSULTING EXPERIENCE**

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September 2022 –  
May 2023

**Mental Performance Consultant**

***Boston University Athletics Department***

**Wheelock College of Education & Human Development, Boston University  
Boston, Massachusetts**

- Delivered individual and group consulting to 12 undergraduate student-athletes on the Women's Tennis team.
- Constructed and facilitated mental skills training workshops on topics such as performance profiling, reset and refocus, self-talk, confidence, pre-performance routines and more.
- Delivered individual consulting to injured student-athletes on a variety of teams.
- Wrote progress notes after each session and workshop.
- Attended matches.
- Received weekly group supervision and biweekly individual supervision.

**Supervised By: Carly Block, Ph.D., CMPC**

November 2021 –  
May 2022

**Mental Performance Consultant**

***Wellesley College Athletics Department***

**Wheelock College of Education & Human Development, Boston University  
Wellesley, Massachusetts**

- Facilitated individual and group consulting to 17 undergraduate student-athletes on the Women's Fencing team.
- Constructed and facilitated mental skills training workshops on topics such as performance profiling, reset and refocus, self-talk, confidence, pre-performance routines, among others.
- Led an injury support group.
- Attended meets.
- Received weekly group supervision and biweekly individual supervision.

**Supervised By: Marla Zucker, Ph.D., CMPC; Olivia Wyatt, M.A., CMPC**

October 2021 –  
May 2022

**Get Ready: Life Fitness Leader**

***The Boston English High School***

**Wheelock College of Education & Human Development, Boston University**

Boston, Massachusetts

- Fostered physical, social, and emotional skills to prepare Boston English High students for success in areas such as future career goals/job readiness, academics, and life skills.
- Promoted transfer of life skills such as respect, effort, self-direction and caring for others learned in physical activity sessions into other areas of students' lives.
- Instructed students to use fitness to develop strength and resilience while caring for themselves while helping others.
- Taught various fitness activities accessible to students in their daily lives and built confidence in students' ability to be their own personal trainer.
- Received weekly group supervision and biweekly individual supervision.

**Supervised By: John McCarthy, Ed.D., CMPC**

September 2021 –  
May 2022

**Mental Performance Consultant**

*Tufts University Athletics Department*

**Wheelock College of Education & Human Development, Boston University**  
Somerville, Massachusetts

- Delivered individual and group consulting to 90 undergraduate and graduate student-athletes on the Men's and Women's Sailing team and the Women's Field Hockey team.
- Developed and facilitated mental skills training workshops on topics such as performance profiling, building confidence, reset and refocus, and quieting mind chatter.
- Received weekly group supervision and biweekly individual supervision.

**Supervised By: Marla Zucker, Ph.D., CMPC; Olivia Wyatt, M.A., CMPC**

September 2021 –  
December 2021

**Mental Performance Consultant**

*Wofford College Athletics Department*

**Wheelock College of Education & Human Development, Boston University**  
Spartanburg, South Carolina

- Provided individual and group consulting to 32 undergraduate student-athletes virtually on the Women's Soccer team.
- Created and facilitated mental skills training workshops on topics such as performance profiling, season reflections, passing the torch, and values.
- Received weekly group supervision and biweekly individual supervision.

**Supervised By: Marla Zucker, Ph.D., CMPC; Olivia Wyatt, M.A., CMPC**

## **OTHER CONSULTING EXPERIENCE**

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November 2023 –  
Present

**Mental Performance Consultant**

*The Dalton School*

New York, New York

- Deliver individual and group consulting to high school athletes on the Girls' Varsity Basketball team and Boys' Varsity Tennis team.
- Construct and facilitate mental skills workshops on topics such as cohesion, confidence building, performance anxiety, reset and refocus, and more.

## **DOCTORAL RESEARCH EXPERIENCE**

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August 2023 –

**Graduate Student Researcher**

Present

***Headache and Adherence Lab*****Ferkauf Graduate School of Psychology, Yeshiva University**

Bronx, New York

- Develop understanding of migraine, common issues in treatment adherence and mindfulness-based cognitive behavioral therapy as a migraine treatment
- Discuss and develop ideas pertaining to current pre-doctoral and doctoral level research projects of peers.
- Coding qualitative data pertaining to fear and avoidance of pain in headache disorders.
- Designing study on post-traumatic headache in veterans.

**Research Advisor: Elizabeth Seng, Ph.D.****ADDITIONAL RESEARCH EXPERIENCE**

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November 2021 –  
Present**Primary Investigator, Masters Project****Performance, Recovery, and Optimization (PRO) Lab*****Title: Changes in brain rhythms and recovery-stress balance in injured athletes: A multi-case study***

Boston University, Boston, Massachusetts

- Conceptualized study idea with supervisor.
- Investigated the changes in recovery stress balance in injured athletes.
- Responsible for writing the IRB protocol, conducting a literature review, recruiting, and interviewing participants, and developing coding schemes.
- Drafting paper for submission to and publication in academic journals.

**Supervised By: Edson Filho, Ph.D.**January 2020 –  
July 2021**Lab Manager/Project Coordinator*****The Cognitive Development Lab***

University of Rochester, Rochester, NY

- Coordinated research projects investigating cognitive and motor development and the interaction of the two in infants and young children.
- Oversaw nine studies under two projects: Parent-Child Conversations about Health and Illness and The Role of Visual Representations in Children's Learning about Biological Variability.
- Managed participant recruitment, data collection, data coding, team member training, and study development.

**Supervised By: Karl Rosengren, Ph.D.**September 2018 –  
May 2019**PULSE Research Lab Supervisor*****Goal Setting and Intrinsic Motivation Research Lab***

University of Wisconsin-Madison, Madison, WI

- Entered data and analyzed motivation research while maintaining participant confidentiality.
- Monitored productivity of lab assistants and ensured experiments were run to IRB ethical standards.
- Discussed proposed explanations for statistical findings with fellow assistants to improve intervention methods.
- Developed coding schemes to best capture data set.
- Reviewed and edited intervention material sent to study participants.

**Supervised By: Judy Harackiewicz, Ph.D.; Cameron Hecht, Ph.D.**

January 2017 –  
February 2018

**PULSE Research Lab Assistant**  
***Goal Setting and Intrinsic Motivation Research Lab***

University of Wisconsin-Madison, Madison, WI

- Entered data and analyzed motivation research while maintaining participant confidentiality.
- Discussed proposed explanations for statistical findings with fellow assistants to improve intervention methods.
- Developed coding schemes to best capture data set.
- Reviewed and edited intervention material sent to study participants.

**Supervised By: Judy Harackiewicz, Ph.D.; Cameron Hecht, Ph.D.**

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**STUDENT LEADERSHIP EXPERIENCE**

May 2024 –  
Present

**YU Admissions TA**

Ferkauf Graduate School of Psychology, Yeshiva University  
Bronx, NY

- Help coordinate graduate student admission interviews with current students and faculty.
- Help manage graduate student admission applications and assist with planning open houses.

August 2018 –  
May 2019

**Blanked by Love Coordinator**

University of Wisconsin-Madison, Madison, WI

- Coordinated events at UW-Madison too create over 600 handmade blankets.
- Raised over \$1850 for charitable organizations in Dane County, WI.

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**OTHER EXPERIENCE**

September 2019 –  
Present

**Assistant Middle School and High School Athletics Coach**

**The Dalton School**

New York, New York

- Teams: MS Cross Country, HS Varsity Tennis, HS Varsity Girls Basketball
- Collaborate with coaching staff to manage practices by running through drills, conditioning, and scrimmages.
- Motivate players through development of game strategies designed to build confidence and player performance.

Season 2019 – 2023

**US Open Ball Person**

**United States Tennis Association**

Queens, New York

- Ball person and crew chief at 2019, 2020, 2021, 2022, and 2023 US Open Tennis Championships.

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**RESEARCH ASSESSMENT EXPERIENCE**

Recovery-Stress Questionnaire for Athletes (REST-Q-Sport)

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**ASSESSMENT TRAINING**

**Fall 2023 Semester**

California Verbal Learning Test-II (CVLT-II) [Exposure]  
 Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)  
 Structured Clinical Interview for the DSM-5 (SCID)  
 Structured Diagnostic Interview for Headache – 4 (SDIH-4 BR)  
 Trail Making Test Part A (TMT-A)  
 Trail Making Test Part B (TMT-B)  
 Wechsler Adult Intelligence Scale Fourth Edition (WAIS-IV)  
 Wechsler Memory Scale-IV (WMS-IV) [Exposure]  
 Wechsler Intelligence Memory Scale for Children-IV (WIISC-IV) [Exposure]

### Spring 2024 Semester

Beck Anxiety Inventory (BAI)  
 Beck Depression Inventory (BDI-II)  
 Minnesota Multiphasic Personality Inventory-2 (MMPI-2)  
 Minnesota Multiphasic Personality Inventory-2-Restructured Form (MMPI-2-RF)  
 Personality Assessment Inventory (PAI)

### HONORS AND AWARDS

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2023 – Present	Merit Scholarship, Ferkauf Graduate School of Psychology
2022	CPAHD Summer Research Grant
2019	Psychology Undergraduate Research Scholar Award
2018 – 2019	University of Wisconsin-Madison Dean’s List
Fall 2016	University of Wisconsin-Madison Dean’s List

### PAPERS AND PUBLICATIONS

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Li, Z., Menendez, D., **Klapper, R. E.**, Sturge-Apple, M. L., & Rosengren, K. S. (2024). COVID-19 and child adjustment: The role of coparenting conflict and child temperament. *Journal of Child and Family Studies*.

Menendez, D., Donovan, A. M., Mathiaparanam, O. N., **Klapper, R. E.**, Yoo, S. H., Rosengren, K. S., & Alibali, M. W. (2024). The role of visualizations in adults’ learning about genetic inheritance. *Educational Sciences*, 14(3), 307. Doi: [DOI: 10.3390/educsci14030307](https://doi.org/10.3390/educsci14030307).

Menendez, D., Donovan, A. M., Mathiaparanam, O. N., Seitz, V., Sabbagh, N., **Klapper, R. E.**, Kalish, C. W., Rosengren, K. S., & Alibali, M. W. (2024). Deterministic or probabilistic: U.S. children’s beliefs about genetic inheritance. *Society for Research in Child Development*, 95(3), e186-205. <http://dx.doi.org/10.1111/cdev.14053>

Yoo, S. H. Hernandez, G. T., Menendez, D., **Klapper, R. E.**, Martin, S., Nicholas, K. A., Sumanthiran, D., & Rosengren, K. S. (2023). “Will I get sick?”: Parents’ explanations to children’s questions about a novel illness. *Cognitive Development*, 68.

Menendez, D., **Klapper, R. E.**, Golden, M. Z., Mandel, A. R., Nicholas, K. A., Schapfel, M. H., et al. (2021) “When will it be over?” U.S. children’s questions and parents’ responses about the COVID-19 pandemic. *PLoS ONE*, 16(8): e0256692. <https://doi.org/10.1371/journal.pone.0256692>

### ORAL PRESENTATIONS

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**Klapper, R. E.** & Rose, N. (2024, July). *Self-compassion: The antidote to stigma*. [Guest Speaker]. Miles for Migraine Support Group, Virtual Meeting.

**Klapper, R. E.** (2023, April). *Changes recovery-stress balance in injured athletes: A multi-case study* [Symposium presentation]. Performance, Recovery, and Optimization (PRO) Symposium, Boston, MA, USA.

McConnon, A., **Klapper, R. E.**, Raman, D., Piasecki, P. A., & Filho, E. (2022, October). *Embodying the scientist-practitioner model: Experiences of graduate students at various stages of their development* [Conference presentation]. Association for Applied Sport Psychology Conference, Fort Worth, TX, USA.

**Klapper, R. E.** (2022, April). *Changes in brain rhythms and recovery-stress balance in injured athletes: A multi-case study* [Symposium presentation]. Performance, Recovery, and Optimization (PRO) Symposium, Boston, MA, USA.

### **PROFESSIONAL MEMBERSHIP**

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New York State Psychological Association	September 2023 – Present
American Psychological Association, Student Member	April 2023 – Present
Association for Applied Sport Psychology	July 2020 – Present
Psi Chi National Honor Society in Psychology	Fall 2018 – Present

### **ADDITIONAL TRAINING**

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Pediatric and Adult First Aid/CPR/AED Certified	August 2023
Centers for Disease Control and Prevention, HeadsUp Concussion in Youth Sports	August 2023
Responding to Emergencies First Aid	September 2019
National Federation of State High School Associations Fundamentals of Coaching	September 2019
Identification and Reporting of Child Abuse and Maltreatment	September 2019

### **RELATED SKILLS**

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Microsoft Word, Excel, PowerPoint, WordPress, Qualtrics, SPSS