**Katie Santamaria**

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**EDUCATION**

Aug 2021 – **Doctoral Student, Clinical Psychology (Health Emphasis), APA Accredited**

May 2026 Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

*(Expected)*  Golding Fellowship Recipient, Merit-based 3-year tuition coverage

Emphasis on Child Psychology. GPA: 4.0

Dissertation: *Increasing Neurologist Self-Efficacy Through Motivational Interviewing Training*

Director of Clinical Training: Bari Hillman, Ph.D.

Bari.Hillman@yu.edu, 516-857-0827

Aug 2021 – **M.A.*,* Clinical Psychology (Health Emphasis), APA Accredited**

May 2023 Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

Predoctoral Project: *Working Alliance in Migraine Behavioral Treatments*

Sep 2017 – **B.A. *Magna* *Cum Laude,* Columbia University, New York, NY**

May 2021 Majors: Psychology & Nonfiction Creative Writing. GPA: 4.0

**SUPERVISED DOCTORAL CLINICAL TRAINING**

Jul 2024 – Present **Psychology Extern,** *New Alternatives for Children,* New York, New York

* Carry a caseload of 4-6 weekly child, parent, or dyadic cases for infants and children ages 0-18 and their families. The treatment approach integrates EBTs, psychodynamic, and family systems approaches for patients with complex medical backgrounds (severe disabilities and/or chronic illnesses), socioeconomic stressors, and involvement with the child welfare and/or foster care systems.
* Conduct monthly assessment batteries and write integrated reports for medically complex patients. Common presentations include IDD, ADHD, and ASD.
* Consult with multidisciplinary team members under NAC, including social workers, doctors, psychiatrists, nurses, CASACs, parent advocates, educational specialists, recreational associates, and vocational and resource specialists. Provide integrated care and comprehensive support.
* Attend weekly individual supervision and group didactics, including social justice didactics and additional dyadic “Building Blocks” training, case presentations, and individual supervision to promote attachment security between parents and young children.

Supervisor: Dr. Marissa Faas, Psy.D.

Jan 2024 – Present **Study Interventionist,** *Memorial Sloan Kettering Cancer Center,* New York, NY

* Carry a caseload of 1-3 clients using Supportive Psychotherapy for Cancer Caregivers (SP-C), a 7-session psychotherapy intervention that aims to promote a sense of meaning and spiritual well-being in distressed caregivers of patients with Stage III/IV solid tumor cancers.
* Carry a caseload of 1-3 clients using Cognitive-Behavioral Therapy for Bone Marrow Transplant and Stem Cell Transplant Patients (CBT-BMT/SCT), focusing on psychoeducation, systematic desensitization, and social skills training.
* Receive weekly group supervision and direct supervision via recorded sessions for each trial.

Supervisors: Drs. Allison Applebaum, Ph.D. & Dr. Talia Zaider, Ph.D.

Jul 2023 – Jun 2024 **Psychology Extern (Infant/Child Track),** *Youth Consultation Service (YCS) Dr. Helen May Strauss*

*Clinics/Institute for Infant and Preschool Mental Health*,East Orange, NJ

* Carry a caseload of 6 weekly child, parent, or dyadic cases for infants and children ages 0-18 and their families. The treatment approach is relational/psychodynamic and developmentally based.
* Conduct assessment batteries and attend weekly assessment supervision.
* Attend weekly individual supervision and group didactics.

Supervisor: Dr. Samantha Spencer, Psy.D.

Jul 2023 – Present **Psychology Extern,** *The Child & Family Institute,* New York, NY

* Carry a caseload of 3 weekly individual cases for children and young adults. Treatment lens is primarily CBT, ACT, and play-therapy oriented.
* Attend weekly supervision and didactics.

Supervisor: Dr. Michele Barton, Ph.D.

Apr 2023 – Present **Behavioral Health Trainee,** *Rock Rimmon Group (Headache Private Practice)*

* Carry a caseload of 1-3 patients with headache disorders and comorbid adjustment disorder diagnoses. Treatment techniques CBT for headache, CBT for insomnia, motivational interviewing, ACT, and acute management. Attend weekly supervision.

Clinical supervisor: Dr. Elizabeth Seng, Ph.D.

Jun 2022 – Jul 2023 **Behavioral Medicine Student Therapist,** *Max & Celia Parnes Clinic*, Bronx, New York

* Held 3 weekly individual psychotherapy cases with issues including health anxiety, phobias, personality disorders, crisis intervention, chronic pain, hydrocephalus, and migraine.
* Had weekly individual supervision. Completed clinical case presentation.

Supervisor: Dr. Rachel Levenson, Ph.D.

Jan – Jun 2023 **Montefiore Specialty Care Externship**, *Montefiore Headache Center,* The Bronx, New York

* Consulted patients using motivational interviewing and CBT strategies to discuss and reflect on habits impacting migraine frequency/severity.
* Offered 6-session cognitive behavioral therapy for headache disorders (CBT-HA) to headache patients at the Montefiore Headache Center.
* Provide support and crisis intervention to patients and staff as needed.

Clinical supervisors: Dr. Elizabeth Seng, Ph.D. & Dr. Cynthia Armand, M.D.

Aug – Oct 2022 **Psychology** **Extern**, *Ottilie Residential Treatment Facility, SCO,* Jamaica, Queens, NY

* Provided twice-weekly individual psychotherapy to children with comorbid intellectual disabilities and serious mental illness in a residential setting.
* Attended weekly medication review meetings and individual supervision.

Clinical Supervisor: Dr. Deborah Ostrov, Ph.D.

**RESEARCH EXPERIENCE**

2021 – Present **Graduate Research Assistant,** *Psychology of Migraine and Adherence Lab*

Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

* Study coordinator for *Telehealth for Behavioral Migraine* (TeleBMM), a study investigating the difference between person-based and technology-based CBT-M interventions.
  + Conduct all intake interviews and determine patient eligibility.
  + Design and manage REDCap data capturing system. Conduct data analysis in SPSS.
* Group therapy facilitator for *Team-M* project, providing 8-week mindfulness training for people with migraine and comorbid anxiety and/or depression.
* Weekly journal club, lab meetings, and bi-weekly supervision for TeleBMM.

Research Advisor: Dr. Elizabeth Seng, Ph.D.

2020 –2021 **Research Assistant,** *Posner Lab, New York State Psychiatric Institute,* New York, NY

* Assisted in researching default mode networks in infants. Trained peers in ITK-SNAP software and T2-MRI segmentation.
* Copyedited PhD-written NIH proposal and wrote a 13-page official manual segmentation protocol for peer reference. Hired as a freelance copy editor upon internship termination to review papers from the relocated laboratory (now within Duke University).

Research Advisor: Dr. Jonathan Posner, Ph.D.

**TEACHING & MENTORSHIP EXPERIENCE**

May 2024 – Present **Supervisor**, *Miles for Migraine*

* Attend monthly facilitator meetings and provide supervision to support group facilitators and volunteers trained to host and connect people with migraine to create community through shared experiences within [Migraine Community Groups](https://www.milesformigraine.org/migraine-support-community-groups/).
* Develop and provide training to address how group facilitators should manage risk if suicidal ideation arises in group settings (in development; estimated training date: Aug 2024).

Supervisor: Dr. Elizabeth Seng, Ph.D.

Sep 2022 – May 2023 **Graduate Teaching Assistant, Experimental Psychology**, *Stern College, NY*

* Led two lab sections of 11-12 students teaching foundations of psychological research, APA format, SPSS, and statistics.
* Held weekly office hours, graded weekly assignments, and provided detailed feedback.

Professor: Dr. Joshua Bacon, Ph.D.

Sep 2022 – Present **Odyssey Mentoring Program**, *Columbia University,* New York, NY

* Provide academic and professional guidance to undergraduates (1-3 yearly)

**OTHER WORK EXPERIENCE**

April 2024 – Present **Executive Functioning Specialist,** *Organizational Tutors,* New York, NY

* Conduct intake, consultation, and executive functioning tutoring sessions with students ages 10-16. Integrate parent feedback and provide weekly summaries of progress.
* Design and implement strategies that address educational and attentional difficulties.
* Assess and address executive functioning skill needs, including emotion and self-regulation, cognitive flexibility, time management, physical organization, initiation, metacognition, and motivation.

Jun 2020 – Present **Childcare Provider,** New York, NY

* Provide behavioral reports, implement actionable steps to improve behavior, and work through mental health struggles (e.g., trauma, loss) alongside caretaking for kids ages 4-7.

2020 – 2023 **Test Prep Tutor & Freelance Copyeditor,** *Writing Coaches of America*

* Tutor aspiring college graduate students in test (e.g., GRE, SAT) prep.
* Review student essays, undergraduate application materials, graduate school application materials, and law student personal statements.

Jan 2023 **Business Proposal Editor,** *National Center for Pediatric Palliative Care Homes*

* Copyedited and reformatted a 65-page respite house program proposal.

Jun 2020 – May 2021 **Crisis Counselor,** *Crisis Text Line*

* Provided counseling and risk assessment to anonymous texters.

May – Aug 2020 **Mental Health Content & Research Intern,** *LookUp*

* Created database of credible research, articles, and evidence to be cited for media about the psychology of digital overload and youth mental health.

Jan – Aug 2019 **Spring & Summer Editorial Intern**, *Arianna Huffington’s Thrive Global*

* Pitch and write articles, coordinating with Ph.D. psychologists on recent studies.

Jun – Aug 2018 **Health-Emphasis** **Summer Camp Counselor,** *Camp Boggy Creek,* Eustis, FL

* Provide 24-hour care for ten different campers each week with illnesses including cancer, heart, epilepsy, JRA, sickle cell, rheumatic diseases, autoimmune disorders, and more.

**PUBLICATIONS & PRESENTATIONS**

**Peer-Reviewed**

1. Rogers DG, Santamaria K, Seng EK, Grinberg AS. [Behavioral Health, Telemedicine, and Opportunities for Improving Access.](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9684808/) Curr Pain Headache Rep. 2022 Dec 26; doi: 10.1007/s11916-022-01096-w. Epub 2022 Nov 23. PMID: 36418847; PMCID: PMC9684808.
2. Wang Y, Haghpanah FS, Zhang X, Santamaria K, da Costa Aguiar Alves GK, Bruno E, Aw N, Maddocks A, Duarte CS, Monk C, Laine A, Posner J. [ID-Seg: an infant deep learning-based segmentation framework to improve limbic structure estimates](https://pubmed.ncbi.nlm.nih.gov/35633447/). Brain Inform. 2022 May 28; doi: 10.1186/s40708-022-00161-9. PMID: 35633447; PMCID: PMC9148335.

**Journalism**

1. Santamaria, K (2019). [Remembering Wallace Broecker, the Prophet of Climate Change](https://www.researchgate.net/publication/332862180_Wally_Broecker_Obit_in_Columbia_Eye_2019). The Eye.
2. Santamaria, K (2018). Wholesome Content. Column for The Columbia Daily Spectator. Articles include: [The barrier I accidentally broke](https://www.columbiaspectator.com/opinion/2018/09/20/the-barrier-i-accidentally-broke/), [What we owe students applying to Columbia](https://www.columbiaspectator.com/opinion/2018/10/04/what-we-owe-students-applying-to-columbia/), [CPS is here for you—in three weeks](https://www.columbiaspectator.com/opinion/2018/10/18/cps-is-here-for-youin-three-weeks/), [Take up space](https://www.columbiaspectator.com/opinion/2018/11/01/take-up-space/), [How language classes breed empathy](https://www.columbiaspectator.com/opinion/2018/11/15/how-language-classes-breed-empathy-2/), and [Self-care takes a village](https://www.columbiaspectator.com/opinion/2018/11/29/self-care-takes-a-village/)
3. Santamaria, K (2018). [Be unproductive—see where it takes you](https://www.columbiaspectator.com/opinion/2018/04/18/be-unproductivesee-where-it-takes-you/). The Columbia Daily Spectator.
4. Santamaria, K (2017). [It's not you, it's me—actually, it's the weather](https://www.columbiaspectator.com/opinion/2017/11/15/its-not-you-its-meactually-its-the-weather/). The Columbia Daily Spectator.

**Community Outreach**

1. Santamaria, K. (2024, January 3). [Biofeedback: Relaxation and Strengthening the Mind-Body Connection](https://www.linkedin.com/posts/adam-weissman-68ab5239_biofeedback-relaxation-and-strengthening-activity-7148359289143771136-eMNV?utm_source=share&utm_medium=member_desktop). The Child and Family Institute Monthly Newsletter.

**Didactic Presentations (Invited Speaker)**

Aug2024 **“Using Motivational Interviewing to Reduce No-Shows and Promote Treatment Adherence”**

Scheduled for presentation at *Youth Consultation Service (YCS) Dr. Helen May Strauss Clinics.*

Jul 2024 **“Managing Risk in Support Groups: Protocol, Roleplay, and Supports”**

Presented at *Miles for Migraine* support group facilitators’ monthly meeting.

Dec 2023 **"Migraine 101: Prevalence, Clinical Considerations, and Behavioral Treatment.”**

Presented at *The Institute for Family Health, Center for Counseling at Kingston.*

**ASSESSMENT EXPERIENCE**

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| **Trained:**  Wechsler Adult Intelligence Scale IV (WAIS-IV)  Developmental Neuropsychological Assessment (NEPSY-II) (executive functioning subtests)  Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)  Personality Assessment Inventory (PAI)  Thematic Apperception Test (TAT)  Minnesota Multiphasic Personality Inventory 2  Trail Making Test (TMT) | **Administered, Scored, and Interpreted:**  Wechsler Intelligence Scale for Children IV (WISC-IV)  Wechsler Individual Achievement Test (WIAT-4)  Structured Clinical Interview for DSM Disorders (SCID)  Rorschach Inkblot Method (RPAS training & Exner exposure) House Tree Person (HTP) Projective Test  Sentence Completion Projective Test  Vineland Adaptive Behavior Scale  Child Sensory Profile 2 |

**PROFESSIONAL MEMBERSHIP**

American Psychological Association, Graduate Student Member (Attended 2023 conference)

* Division 37, Health Psychology, *Adolescents and Young Adults (AYA) SIG Member*
* Division 43, Child and Family Policy and Practice
* Division 53, Clinical Child and Adolescent Psychology
* Division 54, Society of Pediatric Psychology, *Digital Health SIG Member*

**LEADERSHIP, HONORS, AND AWARDS**

2021–2026 Golding Fellowship (Merit-based, three years of paid tuition worth $126,000), Yeshiva University

2021 Graduated *magna* *cum laude*, Columbia University

2017–2021 Dean’s List, Columbia University

**OTHER SKILLS**

***Science Writing****—*Clinical report writing, administrative manual writing, clinical worksheets/handouts, narrative review, peer review, APA 7 style, and copyediting

***Journalism****—*Op-eds, investigative reporting, MLA style, nonfiction creative writing, search engine optimization

***Languages****—*Chinese (Mandarin): Beginner conversational, six years of formal study

***Computer****—*REDCap, Qualtrics, SPSS, Excel, Notion