

# JASON BRAUSE, M.A.

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Available Days for Externship: Mondays, Thursdays, & Fridays

## EDUCATION

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- September 2024 – **Doctoral Student**  
*Expected May 2029* **Clinical Psychology Health Emphasis Ph.D. Program**, APA Accredited  
Ferkauf Graduate School of Psychology, Yeshiva University  
Bronx, New York  
Director of Clinical Training: Bari Hillman  
E-mail: [Bari.Hillman@yu.edu](mailto:Bari.Hillman@yu.edu) | Phone: 516-857-0827
- May 2024 **M.A. Psychology**  
Graduate School of Arts and Science, New York University  
New York, New York
- May 2022 **B.A., Summa Cum Laude**  
**Psychology**  
Drew University, Madison, New Jersey

## SUPERVISED CLINICAL TRAINING

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- Expected February* **Behavioral Medicine Student Therapist**  
*2025 – July 2026* ***The Max & Celia Parnes Family Psychological and Psychoeducational Services Clinic***  
Bronx, New York
- Will maintain a caseload of 3 adults and provide weekly individual therapy in the context of chronic illness.
  - Will conduct semi-structured interviews using mood and cognitive screenings validated for older adults.
- Supervisor: TBD**

## CLINICAL WORK EXPERIENCE TRAINING

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- May 2024 – **Intern**  
Present ***COAST Club***  
New York, New York
- Assisted in social skills training and running classes for children, teens, and young adults with developmental disabilities
  - Administered and scored neuropsychological tests
- Supervisor: Jenifer Clark, PhD.**

## DOCTORAL RESEARCH EXPERIENCE

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August 2024 –  
Present

### **Research Assistant**

#### ***Headache and Adherence Lab***

Ferkauf Graduate School of Psychology, Yeshiva University  
Bronx, New York

- Discuss and develop ideas pertaining to current pre-doctoral and doctoral level research projects of peers
- Develop understanding of headaches, and current issues in medication adherence
- Collaborate with advisor on current research projects and papers

**Principal Investigator: Elizabeth Seng, PhD.**

## ADDITIONAL RESEARCH EXPERIENCE

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January 2023 –  
May 2024

### **Master's Thesis**

#### ***Title: Unleashing the Runner's Mind: The Effects of Self-Regulation on Flow in Marathon Runners***

New York University, New York, New York

- Examines how effective self-regulation can facilitate flow and performance in marathon runners who are facing increasing challenges. Flow is a state of optimal experience in which a person is completely engaged in a task. Mental contrasting (MC) is a self-regulation strategy that involves comparing a desired outcome with the present reality. Contrary to what was hypothesized, using MC did not lead to higher flow intensity in the final phase of the marathon, and did not result in finishing closer to, or faster than, one's goal time. These results contradict prior findings, and the effects of MC to support flow in situations with excessive demands remain unclear, as does its impact on objective performance.

**Supervised by: Birte Thissen, PhD. & Gabriele Oettingen, PhD.**

August 2021 –  
December 2021

### **Advanced Research Project**

#### ***Title: The Effects of Verbal Praise on Perceived Physical Self-Efficacy in Athletes***

Drew University, Madison, New Jersey

- Studied the effects of various types of praise (effort praise, ability praise, and ambiguous praise) on perceived physical self-efficacy in student athletes. Research was being conducted by observing a practice of various sports teams, noting the amount of times the coach used effort praise, ability praise, or ambiguous praise. At the conclusion of the practice the athletes on the team were given a questionnaire measuring perceived physical self-efficacy. It was hypothesized that higher frequencies of effort praise will be correlated with higher perceived physical self-efficacy, however no correlation was found.

**Supervised by: Christopher Medvecky, PhD.**

## TEACHING EXPERIENCE

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- August 2024 – Present      **Graduate Teaching Assistant: *Statistics I***  
Ferkauf Graduate School of Psychology, Yeshiva University, Bronx NY
- Responsible for assisting students with using the statistical software R.
- Supervisor: Leanne Quigley, PhD.**
- January 2023 – May 2024      **Graduate Teaching Assistant: *Statistics for the Behavioral Sciences***  
College of Arts and Science, New York University, New York NY
- Responsible for conducting two lab sections a week, grading exams and SPSS assignments, and assisting undergraduate students in learning how to conduct statistical analyses.
- Supervisor: Elizabeth Bauer, PhD.**
- August 2023 – December 2023      **Graduate Teaching Assistant: *Motivation and Volition***  
College of Arts and Science, New York University, New York NY
- Responsible for grading essays and exams, as well as assisting undergraduate students in learning about the history and applications of research on motivation and self-regulation.
- Supervisor: Gabriele Oettingen, PhD.**

## ASSESSMENT EXPERIENCE

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Minnesota Multiphasic Personality Inventory-Adolescent (MMPI-A)  
Trail Making Test A & B  
Wechsler Intelligence Scale for Children – V (WISC-V)

## ASSESSMENT TRAINING

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- Fall 2024      Structured Clinical Interview for the DSM-5: Personality Disorders  
Wechsler Adult Intelligence Scale – IV (WAIS-IV)  
Wechsler Intelligence Scale for Children – V (WISC-V)
- Spring 2025      Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)  
Minnesota Multiphasic Personality Inventory – 3 (MMPI-3)  
Personality Assessment Inventory (PAI)

## GRANTS, HONORS, AND AWARDS

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- 2024 – Present      Merit Scholarship, Ferkauf Graduate School of Psychology
- 2022      Phi Beta Kappa
- 2021      Psi Chi
- 2019 – 2022      Drew University Dean’s List

## PAPERS AND PUBLICATIONS

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- de Voogt, A. J., & Brause, J. (2023). A regional approach to Aviation Accident Analysis in Hawaii. *Aerospace Medicine and Human Performance*, 94(3), 131–134.  
<https://doi.org/10.3357/amhp.6133.2023>

## **POSTER PRESENTATIONS AT SCIENTIFIC MEETINGS**

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“Unleashing the Runner’s Mind: The Effects of Self-Regulation on Flow in Marathon Runners,”  
SPSP Annual Convention, San Diego, California, February 2024

“The Effects of Verbal Praise on Perceived Physical Self-Efficacy in Athletes,” NYU  
Psychology Research Conference, New York, New York, April 28th, 2023

## **PROFESSIONAL MEMBERSHIP**

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American Psychological Association (APA), Student Member  
Society for Personality and Social Psychology, Student Member

## **RELATED SKILLS**

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SPSS,  
R,  
Microsoft Office,  
Qualtrics