

Alexandra Schwartz, M.A.
Aschwa12@mail.yu.edu

EDUCATION

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| August 2020 – <i>Expected May 2026</i> | Doctoral Candidate Clinical Psychology Health Emphasis PhD Program, APA Accredited <i>Neuropsychology Minor</i> Ferkauf Graduate School of Psychology Yeshiva University, Bronx, New York Director of Clinical Training: Bari Hillman, Ph.D. E-mail: Bari.Hillman@yu.edu Phone: 516-857-0827 |
| January 2024 | M.A. Psychology, En Route |
| May 2019 | B.A., cum laude University of Connecticut , Storrs, Connecticut Major: <i>Psychology</i> , Minor: <i>Spanish Language, Literature and Culture</i> |
| Spring 2018 | Study Abroad: Universidad de Belgrano, Buenos Aires, Argentina |

SUPERVISED DOCTORAL CLINICAL EXPERIENCE

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| August 2023 – Present | Child Study Center: The Stephen D. Hassenfeld Children’s Center for Cancer and Blood Disorders NYU Langone Health, New York, New York <i>Neuropsychology Extern</i> <ul style="list-style-type: none">• Administer, score and interpret pediatric neuropsychological evaluations in outpatient medical clinic.<ul style="list-style-type: none">○ Primary presenting diagnoses: neurofibromatosis, neuro-oncology, hematology, general oncology. Most referrals in context of pre/post-treatment and long-term follow-up.• Participate in neurobehavioral status exam to gather relevant developmental, medical, and psychosocial history, in addition to feedback sessions with parents to communicate findings.• Integrate findings from psychometric evaluation, available medical records, and clinical interview to produce comprehensive integrated reports, providing individualized recommendations.• Attend weekly neuropsychology didactics and tumor board rounds. Supervisor: Sarah Powell, Ph.D., ABPP <i>Psychology Extern</i> <ul style="list-style-type: none">• Provide weekly, individual therapy to monolingual Spanish-speaking adolescent as part of multidisciplinary treatment team in an outpatient hematology/oncology setting. Supervisors: Kelsey Largen, Ph.D., Roya Aminiroumand, Ph.D. |
| Summer 2023 | Psychology and Spanish Elective Opportunity (PASEO) Salud Mental Northern Peru <i>Consultant (Spanish)</i> |

- Evaluated cognitive development of monolingual Spanish-speaking children ages 4-12 using brief cognitive screener.
 - Measures used: Weschler WISC-V (Spanish), IDT-K, IDT-P.
- Conducted intake interviews and feedback sessions with clients' parents to gather relevant history and communicate findings.
- Integrate findings from psychometric evaluation and clinical interview to produce clinical reports including individualized parent recommendations.

Group Facilitator (Spanish)

- Provided secondary-school level education on domestic violence prevention, healthy relationship building, and socialized gender roles.
- Conducted brief psychotherapy intervention to adults in the community utilizing cognitive-behavioral therapeutic techniques, such as reflective and empathetic listening, and motivational interviewing.

Supervisor: BrieAnne K. Kohrt, Ph.D.

July 2022 –
June 2023

Weill Cornell Medicine - New York Presbyterian Westchester Division
Department of Psychiatry, White Plains, New York
Neuropsychology Extern

- Worked as consultant across a variety of specialized inpatient psychiatric treatment wards and outpatient clinic to administer, score, and interpret neuropsychological evaluations to assist with diagnostic clarification and treatment planning for patients across the lifespan.
- Integrate findings from cognitive, personality, and mood measures, in addition to outside relevant sources, to produce comprehensive reports, providing appropriate patient recommendations.
- Co-led group therapy sessions on adolescent units utilizing cognitive-behavioral therapeutic techniques.
- Attend weekly neuropsychology didactics and individual supervision.

Supervisor: Beth Rabinovitz, Ph.D.

September 2022 –
Present

Montefiore Headache Center – Tele-Behavioral Medicine for Migraine
Ferkauf Graduate School of Psychology, Bronx, New York
Psychology Extern

- Provide manualized telehealth therapy comprising cognitive behavior therapy, relaxation exercises, and psychoeducation to patients with a diagnosis of migraine as part of a randomized clinical trial.
- Attend biweekly individual and group supervision.

Supervisor: Elizabeth Seng, Ph.D.

August 2021 –
June 2022

Montefiore's RFK/Children's Evaluation and Rehabilitation Center
Fisher Landau Center for Treatment of Learning Disabilities
Psychology Extern
Adult Literacy Program, Bronx, New York

- Carried caseload of 4 biweekly, individual psychoeducational therapy cases that addressed reading and writing difficulties.

- Included supportive therapy and behavior modification to improve self-esteem and confidence, understanding of their disability and anxiety and depressive symptoms.
 - Administer, score, and interpret psychoeducational evaluations to characterize cognitive and academic abilities to facilitate treatment, educational and vocational planning.
 - Produce comprehensive assessment reports integrating findings from neuropsychological and psychological tests, available medical records, and other relevant third-party sources.
 - Attend weekly didactics, individual and group supervision.
- Supervisor:** Monica McQuaid, Ph.D.

February 2021 –
July 2022

**Max & Celia Parnes Family Psychological & Psychoeducational Clinic
Ferkauf Graduate School of Psychology**

Yeshiva University, Bronx, New York
Behavioral Medicine Student Therapist

- Carried a caseload of 3 individual weekly adult psychotherapy cases. Treatment issues frequently included anxiety, depression, coping with stress and adjustment disorders, physical pain and/or other medical issues.
- Conducted pre-surgical psychological evaluations for patients seeking bariatric surgery; provide written assessments to referring physicians.
- Documented intake materials, weekly progress notes, mid-year and end-of-year case summaries.
- Weekly individual supervision to discuss intervention planning.

Supervisor: Yvette Fruchter, Ph.D.

DOCTORAL RESEARCH EXPERIENCE

May 2023 –
Present

Principal Investigator, Dissertation Research Project

Ferkauf Graduate School of Psychology
Yeshiva University, Bronx, New York

Title: Migraine and Smoking as Risk Factors for Stroke

Supervisor: Elizabeth Seng, Ph.D.

August 2020 –
January 2022

Principal Investigator, Pre-Doctoral Research Project

Ferkauf Graduate School of Psychology

Yeshiva University, Bronx, New York

Title: Physical Activity and Migraine

Completed: January 2022

Supervisor: Elizabeth Seng, Ph.D.

August 2020 –
Present

Headache and Adherence Lab, Ferkauf Graduate School of Psychology

Yeshiva University, Bronx, New York

Senior Lab TA

- Serve as lead analyst on a multidisciplinary research team to complete a longitudinal, retrospective cohort study funded by the American Heart Association, assessing links between migraine and cardiovascular events.

- Conduct biweekly meetings for our lab’s neuropsychology workgroup to discuss ongoing projects.
 - Current project: Assessing objective cognitive performance across ictal and interictal migraine attack phases using ecological momentary assessment (EMA) data.
- Train junior lab members once per semester on conducting intake interviews for study recruitment, comprising a structured diagnostic interview for headache and brief psychiatric and cognitive screeners.
- Collaborate with advisor during individual meetings on ongoing analyses and papers, IRB proposals, and grant submissions.

Principle Investigator: Elizabeth Seng, Ph.D.

ADDITIONAL CLINICAL EXPERIENCE

January 2019 –
June 2019

Rockville General Hospital

Walden Inpatient Eating Disorder Unit, Vernon, Connecticut

Psychiatric Technician

- Cooperated with multidisciplinary treatment teams to build rapport with patients, maintain therapeutic relationships, implement treatment plans, and ensure safety on the unit for patients and staff.
- Performed and documented orthostatic vitals, 15-minute safety checks, and patient weigh-ins.
- Presented detailed shift-to-shift reports regarding patients’ behavior, mood, feelings, and overall presentation to treatment team members.
- Restrained violent, self-injurious, or suicidal patients by verbal or physical means, as necessary.

June 2018 –
June 2019

Strong Foundations

Special Education Program, Vernon, Connecticut

Applied Behavioral Analysis (ABA) Therapist

- Developed and implemented intervention plans to provide one-to-one ABA therapy to children with primary developmental disorders both at in-home visits and in group settings.
- Recorded data regarding behavioral progress in terms of individualized intervention plans to aid in treatment planning and track progress.

Summer 2017

SLV Global

Bali & Java, Indonesia

Mental Health Support Worker

- Conducted group therapy sessions for patients across the lifespan presenting with various medical, psychiatric and developmental diagnoses, in some of the largest psychiatric facilities in Indonesia.
- Taught weekly English classes to groups of 10-15 adolescents.
- Session planning with team members focused on reinforcement of coping mechanisms and sensitivity towards cross-cultural communication.

ADDITIONAL RESEARCH EXPERIENCE

August 2019 –
August 2020

Research Associate
Mount Sinai Hospital Morningside
New York Obesity Lab, New York, New York

- Propelled objectives of research study investigating effects of low energy-dense food costs on food choices, emotional state, body composition, and overall health of adult participants.
- Assisted with the organization, writing, and submission process of research grants under Principle Investigator and lab coordinator.
- Tracked participant changes throughout 13-month study through bimonthly check-ins, noting emotional changes, and both subjective and objective physical changes.
- Attended weekly lab meetings, recorded meeting minutes, and provided ideas and feedback regarding IRB submissions, study procedures, and organization strategies.

Principal Investigator: Allan Geliebter, Ph.D.

January 2019 –
May 2019

Research Associate
University of Connecticut
Communication Development Lab, Storrs, Connecticut

- Contributed to experimental design and analyses with a focus on early language acquisition, mother-infant dyadic relationships, and early childhood talkativeness.
- Transcribed utterances of subject recordings and input data into Microsoft Excel documents and Audacity online audio software.

Principal Investigator: Umay Suanda, Ph.D.

STUDENT LEADERSHIP EXPERIENCE

August 2023 –
Present

Multicultural Student Group Facilitator
Ferkauf Graduate School of Psychology
Bronx, New York

- Coordinate bi-semester group meetings on campus allowing students of varying backgrounds come together to learn about each other and their individual backgrounds, in a comfortable, accepting environment.

August 2023 –
Present

Senior Lab TA
Headache and Adherence Lab, Ferkauf Graduate School of Psychology
Yeshiva University, Bronx, New York

- Meet once per semester with each lab member to gather feedback regarding policies, expectations, and overall lab experience.
- Meet twice per semester with management team to discuss lab members' feedback, with intentions to implement change towards improved lab efficiency and experience for all members.
- Pair incoming lab members with senior lab members based on clinical and research interests as part of student mentorship program.

August 2021 – Present
Student Interest Group Administrative Assistant
Headache Center of Excellence, VA Medical Center
 West Haven, Connecticut

- Coordinate with leaders of each student interest group (e.g., clinical innovations, pharmacological interventions, health equity, etc.) and project workgroups (e.g., CVD and stroke, TBI, provider education, etc.) to increase involvement and schedule quarterly meetings.
- Collaborate with a multidisciplinary team to propose research topics including, but not limited to: migraine, ischemic stroke, posttraumatic headache, and rehabilitation engagement.

September 2021 – May 2023
Clinical Health Ph.D. Admissions TA
Ferkauf Graduate School of Psychology
 Yeshiva University, Bronx, New York

- Reviewed incoming graduate applications and provided initial admissions recommendations to faculty members.
- Facilitated planning, coordination, and execution of both in-person and remote interview days.
- Provided transitional support to incoming students with orientations and additional coffee Q&A sessions prior to first day of classes.

September 2020 – May 2021
Clinical Health Ph.D. Cohort Representative
Ferkauf Graduate School of Psychology
 Yeshiva University, Bronx, New York

- Peer elected representative for PhD cohort responsible for liaising with faculty about student concerns and requests.

ADDITIONAL RELEVANT EXPERIENCE

June 2018 – Present
Communications Coordinator
Peace at Home Parenting Solutions
 Storrs, Connecticut (*remote*)

- Maintain organization of small business by employing effective communication skills between company founder, teachers, and relevant staff to ensure efficient scheduling and completion of tasks.
- Oversee progress of two undergraduate interns, providing online trainings as needed, and assisting with any immediate questions or difficulties.

August 2017 – January 2019
Educational Facilitator
University of Connecticut Child Development Labs
 Storrs, Connecticut

- Planned and led developmentally appropriate classroom activities for a classroom of 8 children, ages 10 months – 3 years.
- Supported head teachers in interacting with students’ families of diverse ethnic, cultural and linguistic backgrounds.

Summer 2014

Exchange Program Volunteer
Global Routes, Cross-Cultural Immersion Program
Otavalo, Ecuador

- Taught biweekly English and basic mathematic skills to classroom of 15 school-aged children.
- Cooperated with local residents and team members to construct a bridge, facilitating year-round accessibility to schools for local families.

PROFESSIONAL AFFILIATIONS, HONORS, AND AWARDS

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| 2020 – Present | Merit scholarship, Ferkauf Graduate School of Psychology |
| 2019 | Graduated <i>cum laude</i> , University of Connecticut |
| 2016 – 2019 | University of Connecticut Dean’s List |
| 2018 | Named New England Scholar |

ORAL PRESENTATIONS AT SCIENTIFIC MEETINGS

Seng, E., Phadke, M., **Schwartz, A.**, Ezzati, A., Lipton, R. (June, 2024). *Migraine as a Risk Factor for Cardiovascular Events in the Veterans Health Administration*. Oral presentation at the American Headache Society Annual Meeting, San Diego, California.

POSTER PRESENTATIONS AT SCIENTIFIC MEETINGS

Laura S., **Schwartz, A.**, Lacritz, M., Seng E., (February, 2024) *Cognitive Functioning Across Ictal and Interictal Migraine Phases: An Ecological Momentary Assessment Study*. International Neuropsychology Society, New York, New York.

Schwartz, A., Seng, E. (2021, April) *Migraine and Physical Activity*. Society of Behavioral Medicine, Baltimore, Maryland.

Sutton, L., Klepper, J., Rosen, N., Reeder, A., **Schwartz, A.**, & Seng, E. (2021) *Nonverbal memory dysfunction and migraine-related disability predict subjective cognitive symptoms in adults with migraine*. National Academy of Neuropsychology, Washington, D.C.

Schwartz, A., Parfatti, M. (2017, December) *Mirror Neurons on Perceived Exercise Effects on Food Choices*. Undergraduate Research Symposium, University of Connecticut, Storrs, Connecticut.

PROFESSIONAL MEMBERSHIP

American Headache Society (AHS), Student Affiliate

American Psychological Association (APA), Student Affiliate

Member, Society for Health Psychology, (38), Divisions of Clinical Neuropsychology (40)

Hispanic Neuropsychological Society (HNS), Student Member

International Neuropsychological Society (INS), Associate Member

National Latinx Psychological Association (NLPA), Student Member

New York Neuropsychology Group (NYNG), Student Affiliate

LANGUAGES

Spanish: Fluent Spanish abilities in reading, writing, comprehension, and speaking.
 Advanced Intermediate Language level, according to the *American Council for Teaching of Foreign Languages: Oral Proficiency Interview* ([ACTFL](#), [OPI](#)).
 Advanced Clinical Competency, according to *Paseo Salud Mental Spanish Clinical Proficiency Exam* (PPS-CPE).

Experience conducting evidenced-based treatments in Spanish with adolescents and adults. Experience evaluating cognitive development in children using brief, cognitive battery in Spanish, accompanied by individualized reports with parent recommendations.

ASSESSMENT EXPERIENCE

*Administered in Spanish

**Administered in both English and Spanish

Adaptive Behavioral Assessment System 3 (ABAS-3) **
 Apraxia Screening Test
 Ask Suicide-Screening Questions (ASQ)
 Beck Anxiety Inventory (BAI)
 Beck Depression Inventory – II (BDI-II)
 Beery-Buktenica Developmental Test of Visual-Motor Integration (Beery VMI)
 Behavior Assessment System for Children – Third Edition (BASC-3) **
 Behavior Rating Inventory of Executive Function (BRIEF-II)
 Boston Naming Test (BNT)
 Brief Visuospatial Memory Test – Revised (BVMT-R)
 California Verbal Learning Test – Third Edition (CVLT-III)
 California Verbal Learning Test – Children’s Edition (CVLT-C)
 Child and Adolescent Memory Profile (ChAMP)
 Children’s Memory Scale (CMS)
 Clinical Evaluation of Language Fundamentals – Fifth Edition (CELF-5)
 Clock Drawing Test
 Comprehensive Test of Phonological Processing – Second Edition (CTOPP-2)
 Conners Adult ADHD Rating Scale (CAARS)
 Conners Continuous Performance Test (CPT-3)
 Controlled Oral Word Association Test (COWAT)
 Delis-Kaplan Executive Function System (D-KEFS)
 Dementia Rating Scale – 2 (DRS-2)
 Developmental Neuropsychological Assessment (NEPSY-II)
 Diagnostic Assessment of Reading – Second Edition (DAR-2)
 Generalized Anxiety Disorder Scale – 7 (GAD-7)
 Geriatric Depression Scale (GDS)
 Grooved Pegboard Test
 Hopkins Visual Learning Test (HVL)
 Inventario de Detección Temprana (IDT)*
 Judgment of Line Orientation (J-LO)
 Kaufman Test of Achievement, Third Edition (KTEA-3)
 Millon Adolescent Clinical Inventory (MACI)
 Millon Pre-Adolescent Clinical Inventory (M-PACI)

Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)
NAB Naming Test
Nelson Denny Reading Test
Patient Health Questionnaire – 9 (PHQ-9)
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Rey Complex Figure Test and Recognition (RCFT)
Scholastic Abilities Test for Adults (SATA)
Stroop Color and Word Test
Structured Clinical Interview for the DSM-IV (SCID-5)
Structured Diagnostic Interview for Headache – 4 Brief Version (SDIH-4-Brief)
Test of Memory Malingering (TOMM)
Test of Premorbid Functioning (TOPF)
Thematic Apperception Test (TAT)
Tower of London-Dx 2nd Edition (ToL-Dx 2nd Edition)
Trail Making Test A and B (TMT)
Verbal Fluency Test
Wechsler Abbreviated Scale of Intelligence – Second Edition (WASI-II)
Wechsler Adult Intelligence Scale – IV (WAIS-IV)
Wechsler Individual Achievement Test – 4th Edition (WIAT-4)
Wechsler Memory Scale – Fourth Edition (WMS-IV)
Wechsler Intelligence Scale for Children – IV (WISC-IV) **
Wechsler Intelligence Scale for Children – IV (WISC-V) **
Wechsler Preschool and Primary Scale of Intelligence (WPPSI-IV)
Wechsler Test of Premorbid Functioning (TOPF)
Wide Range Achievement Test 4 (WRAT4)
Wide Range Assessment of Memory and Learning, Third Edition (WRAML-3)
Wisconsin Card Sorting Test (WCST)
Woodcock Johnson Test of Achievement – Fourth Edition (WJ-IV)

ACADEMIC ASSESSMENT TRAINING

Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)
Personality Assessment Inventory (PAI)
Rorschach Inkblot Method (Exner Comprehensive System)
Structured Clinical Interview for the DSM-5: Personality Disorders